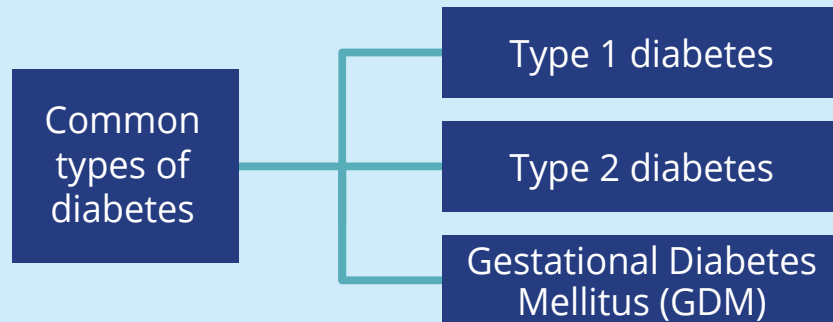


What is diabetes?



Type 1 diabetes

- Occurs when the pancreas cannot produce insulin, due to immunological causes. Insulin allows your cells to take in glucose and fuel your body as energy
- Occurs when beta cells in the pancreas are destroyed and can no longer produce insulin

Type 2 diabetes

- More common form of diabetes
- Occurs when the pancreas produces insufficient insulin or when insulin is ineffective due to insulin resistance from cells in organs, like the liver, and in muscles and fat
- For more information, refer to the page on risk factors for diabetes

Gestational Diabetes Mellitus

- Some women develop higher blood sugar levels during pregnancy, which usually normalise after delivery
- Increased risk of developing diabetes later on in life