

FREE Programme for
Children 6 to 12 Years Old
& their Parents



HPB - ActiveSG Active Family Programme



MORE INFO



Check out
www.healthhub.sg/programmes/109/active-family

HOW TO REGISTER



Sign up on the link below:
goo.gl/3q3cca

FOR ENQUIRIES



Email to HPB_Mailbox@hpb.gov.sg
or call **9384 3328**

	S1	S2	S3	S4	S5	S6	S7	S8	S9		S10	S11	S12	S13
	EAST	NORTH	SOUTH	EAST	WEST	EAST			NORTH		EAST	NORTH	CENTRAL	
	Sengkang Blk 273E Compassvale Link	Yio Chu Kang Sports Centre Tennis Court	Mapletree Business City Basketball Court	Pasir Ris Sports Centre Foyer	West Coast Park Carpark 3, main podium behind open field	Punggol Park Park's Community Corner (Walking distance from Park's Café)	Punggol Town Square Behind Waterway Point mall	Bedok Reservoir Park Beside Park's Café (WAWAWA)	Choa Chu Kang Park Amphitheatre, near Park's Restaurant		Punggol Town Square Behind Waterway Point mall	Sembawang Park End of Sembawang. Area near toilet, close to carpark A	Singapore Sports Hub National Stadium, 100Plus Promenade, Gate 5	United Square Level 1, Outdoor Plaza (opposite Wee Nam Kee Chicken Rice)
Saturday	9am - 10am			1pm - 2pm	5.30pm - 6.30pm					Sunday	8:30am - 9:30am		9am - 10am	4:30pm - 5:30pm
2-Jun	Inline Skating	ActiveSG Tennis Academy	Tag Rugby	ActiveSG Basketball Academy	Handball	Archery Shoot-Out	Floorball	Inline Skating	Archery Shoot-Out	3-Jun	Tchoukball	Floorball	*no session	Inline Skating
9-Jun	Inline Skating		Basketball		Handball	Archery Shoot-Out	Floorball	Inline Skating	Treasure Hunt	10-Jun	Tchoukball	Floorball	Soccer	Inline Skating
16-Jun	Floorball		Inline Skating		Archery Shoot-Out	Treasure Hunt	Basketball	Archery Shoot-Out	Kite Making	17-Jun	Tag Rugby	Archery Shoot-Out	Floorball	Tchoukball
23-Jun	Floorball		Self-Defense		Treasure Hunt	Kinball	Basketball	Kids Baseball	Inline Skating	24-Jun	Tag Rugby	Treasure Hunt	Floorball	Tchoukball
30-Jun	Archery Shoot-Out		Archery Shoot-Out		Kite Making	Kinball	Archery Shoot-Out	Kids Baseball	Inline Skating					

Turn page over for
June Holiday Special!