

Take your **medication** as **prescribed**



Take your medication(s) regularly at the correct time(s)



If you miss a dose, take it as soon as you remember; if it is time for the next dose, skip the missed dose



Eat meals regularly to prevent hypoglycaemia (low blood sugar)



Avoid taking alcohol with medication

Inform your healthcare professional if you are:



- **Taking metformin** before going for any scans (e.g. X-ray) or procedures



- **Pregnant or planning to get pregnant** before taking medication



- Experiencing **persistent symptoms of hypoglycaemia** (low blood sugar)

