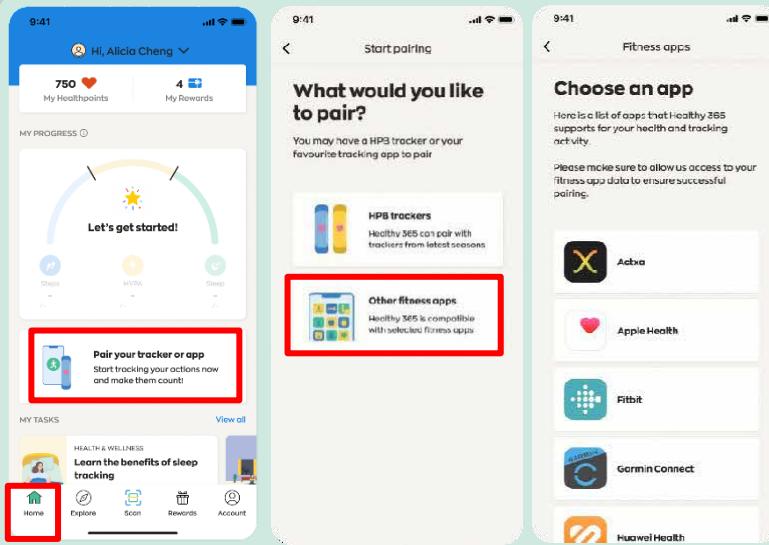




How to pair and sync to other fitness tracking sources

(For those not using HPB Fitness Tracker)



For new users

Step 1

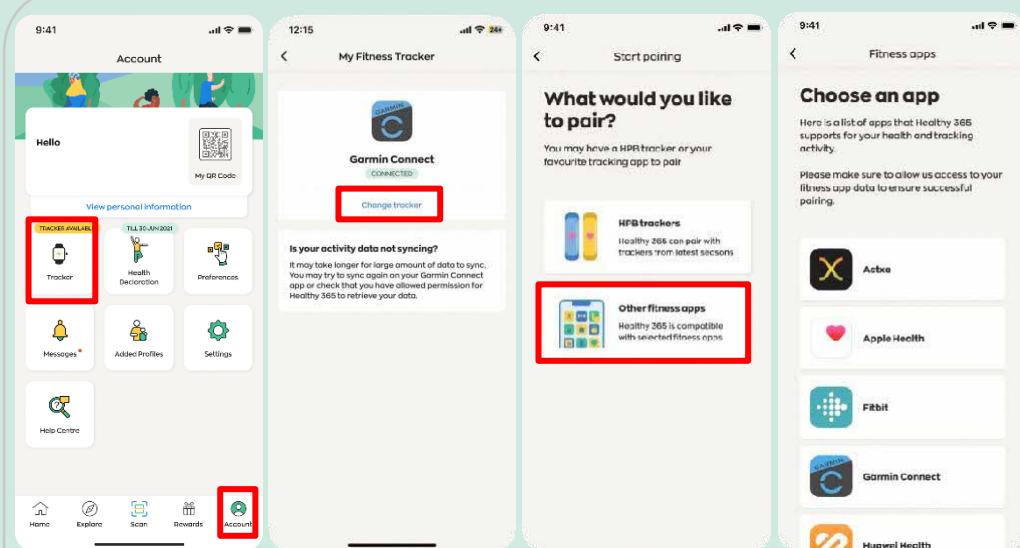
Go to "Home" and tap "Pair your tracker or app".

Step 2

Tap "Other fitness apps" to choose your preferred fitness tracking source:

- Actxa® mobile app^
- Apple Health mobile app
- Fitbit mobile app^
- Garmin Connect™ mobile app^
- HUAWEI Health mobile app^
- Polar Flow mobile app^
- Samsung Health mobile app

[^]Applicable to selected fitness tracking devices compatible with Actxa®, Fitbit, Garmin Connect™, HUAWEI Health or Polar Flow apps.



For existing users

Step 1

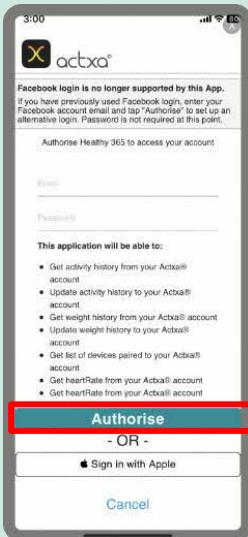
Go to "Account" and tap "Tracker", then "Change tracker".

Step 2

Tap "Other fitness apps" to choose your preferred fitness tracking source.

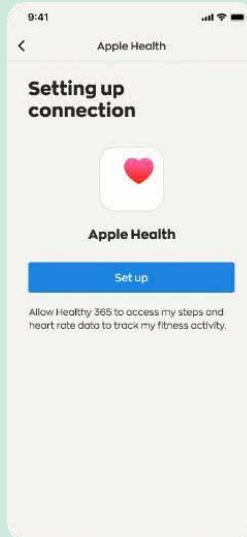


Actxa®



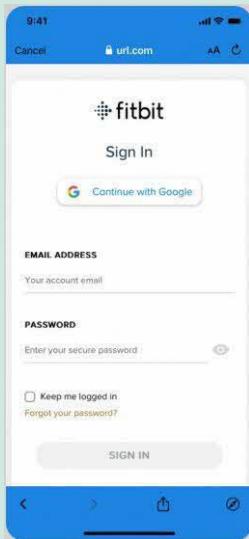
Log in to your Actxa® account and tap on "Authorise" to allow access for the Healthy 365 app.

Apple Health



Allow the Healthy 365 app to access your fitness data on the Apple Health mobile app.

Fitbit



Log in to your Google-linked Fitbit account.

Select your preferred Fitbit tracker to allow the Healthy 365 app to access your fitness data on the Fitbit mobile app.

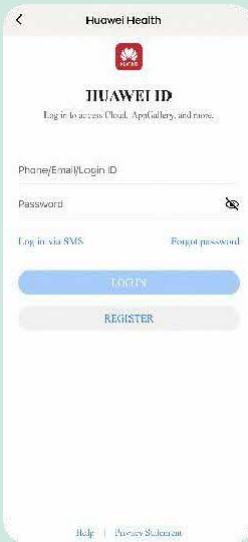
Garmin Connect™



Log in to your Garmin Connect™ account to allow the Healthy 365 app to access your fitness data on the Garmin Connect™ Mobile app.



HUAWEI Health



Log in to your HUAWEI ID to allow the Healthy 365 app to access your fitness data on the HUAWEI Health mobile app.

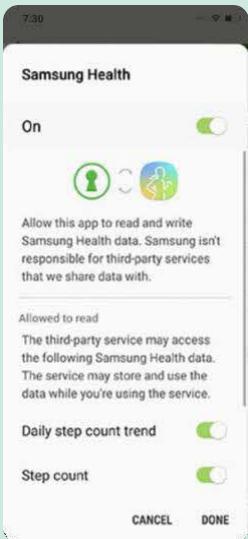
Polar Flow



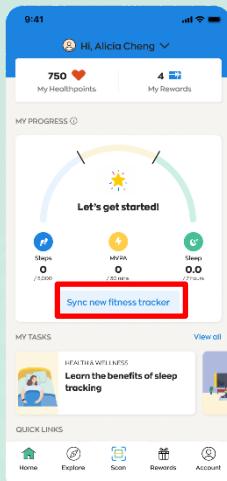
Log in to your Polar Flow account.

Select your preferred Polar tracker to allow the Healthy 365 app to access your fitness data on the Polar Flow mobile app.

Samsung Health



Allow the Healthy 365 app to access your fitness data on the Samsung Health mobile app.



Step 3

Note: After pairing your 3rd party fitness tracking source to the Healthy 365 app, perform a sync on your 3rd party fitness app to update your fitness data.

On the home page of the Healthy 365 app, tap "Sync new fitness tracker" after pairing your preferred 3rd party fitness tracking source to complete the set up.