



3 Second Hospital Avenue
Singapore 168937

Advisory for Parent/Guardian on Vision Screening (Eyesight Test)

Dear Parent/Guardian,

The Health Promotion Board (HPB)'s School Health Service (SHS) conducts vision screening (eyesight test) for students as part of our annual health screening programme in schools.

The vision screening (eyesight test) done for your child/ward in school this year showed acceptable vision (visual acuity).

As your child's/ward's vision levels may deteriorate before the next vision screening by the SHS team in school the following year, parents/guardians are advised to monitor and look out for the following symptoms which may suggest that your child's/ward's vision needs correction:

1. Saying that distant objects appear blurred
2. Consistently sitting too close to the TV or holding a book too close when reading
3. Squinting or tilting the head to see better
4. Frequent eye rubbing
5. Sensitivity to light and/or excessive tearing
6. Closing one eye to read or watch TV
7. Avoiding activities which require near vision, such as reading or homework, or distance vision, such as participating in sports or other recreational activities
8. Complaining of headaches or tired eyes
9. Often makes mistakes when copying from the board

If your child/ward has any of the above symptoms, or if you feel that your child/ward may have worsening of vision, it would be advisable to bring him/her to consult an optometrist for further assessment.

Deputy Director
School Health Service