

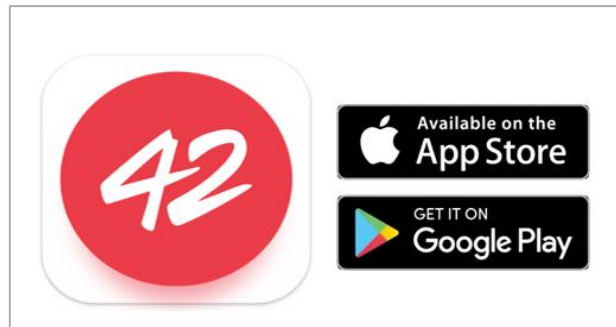
NATIONAL STEPS CHALLENGE[™] THEMATIC CHALLENGES

‘Move with Jim the Fit Potato Challenge’ ‘GET YOUR PULSE RACING FOR MORE WINS’ – ON 42RACE APP GUIDE

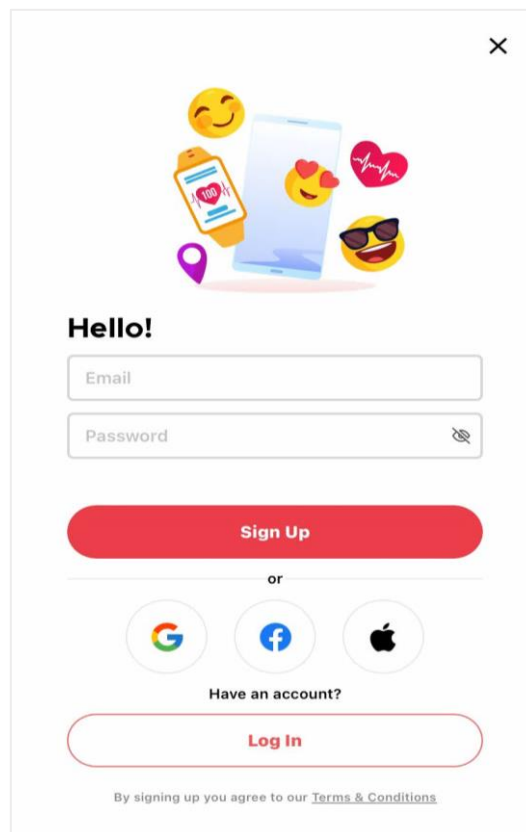
How do I sign-up for the challenge on the 42Race app?

Step 1: Download or update to the latest version of the 42Race app*

**The latest version of the 42Race app requires your device to be running on at least Android 5.0 or iOS 13.0.*



Step 2: Sign up for a new account or log in to an existing account



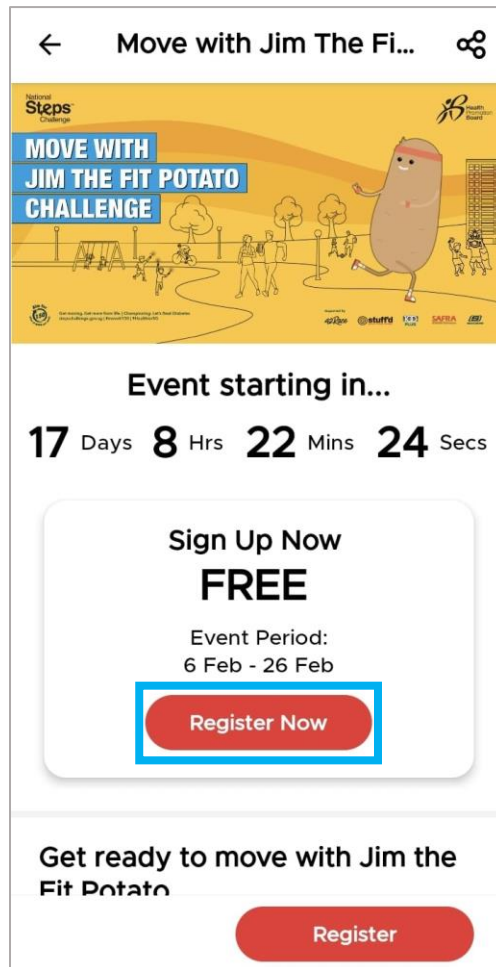
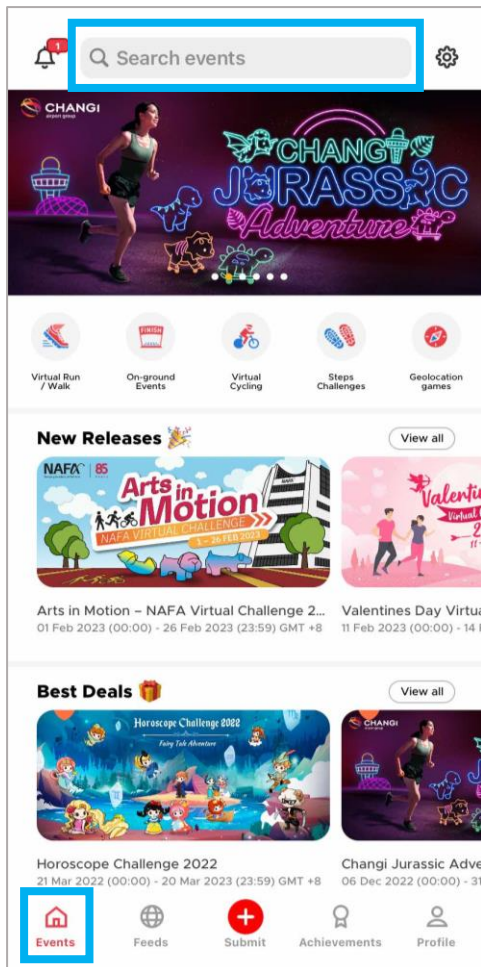
The screenshot shows the 42Race app's sign-up and login interface. At the top, there is a close button (X) and a graphic featuring a smartphone, a location pin, a heart rate monitor, and various emojis. Below the graphic, the text 'Hello!' is displayed. There are two input fields: 'Email' and 'Password'. A red 'Sign Up' button is positioned below the input fields. Below the 'Sign Up' button, the word 'or' is centered. There are three social media icons: Google, Facebook, and Apple. Below the social media icons, the text 'Have an account?' is displayed. A red 'Log In' button is positioned below the text. At the bottom, there is a small text line: 'By signing up you agree to our [Terms & Conditions](#)'.

Step 3:

Tap on “Events’ under the Menu section and search for “Move with Jim the Fit Potato Challenge” and tap into it.

On the next screen, tap on “Register Now” and fill in your particulars

Note: Ensure that name and mobile number is as per Healthy 365 profile

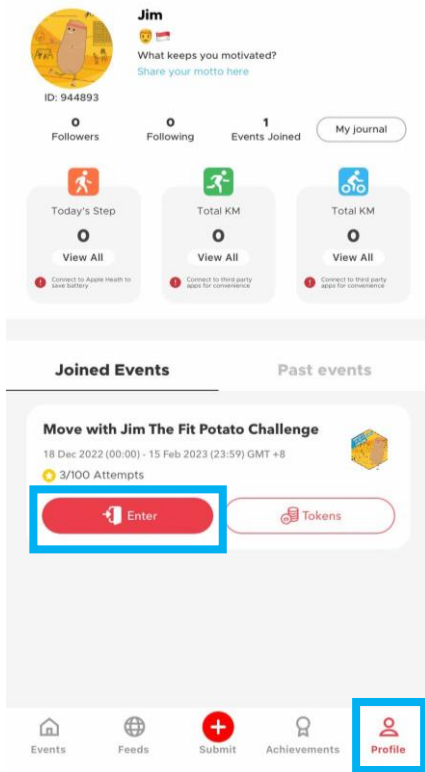


Congratulations, you have successfully joined the “Move with Jim the Fit Potato Challenge” on the 42Race app.

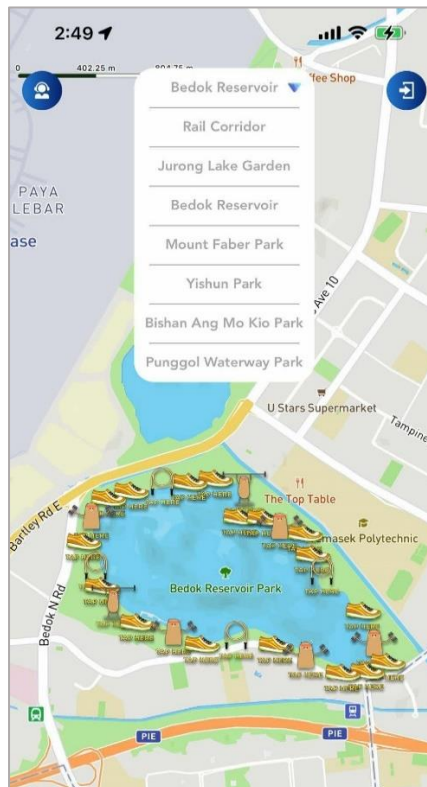
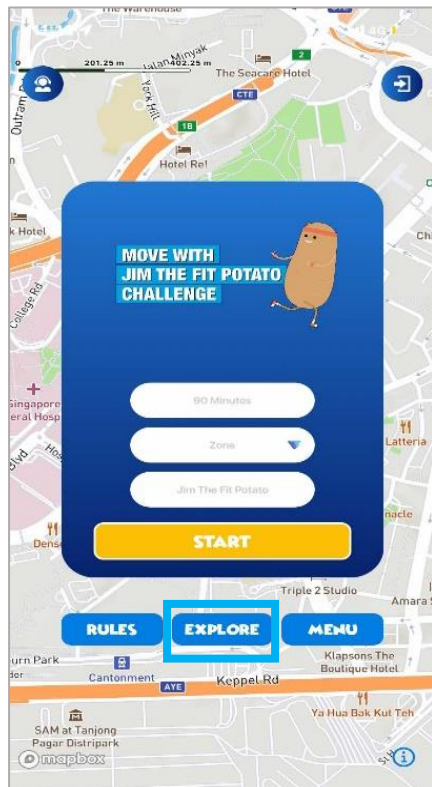
How do I start exploring the trails? Where can I see the locations of the trails?

Step 1: Tap on “Profile” under the Menu section. Under “Joined Events” look for “Move with Jim the Fit Potato Challenge” and tap “Enter”

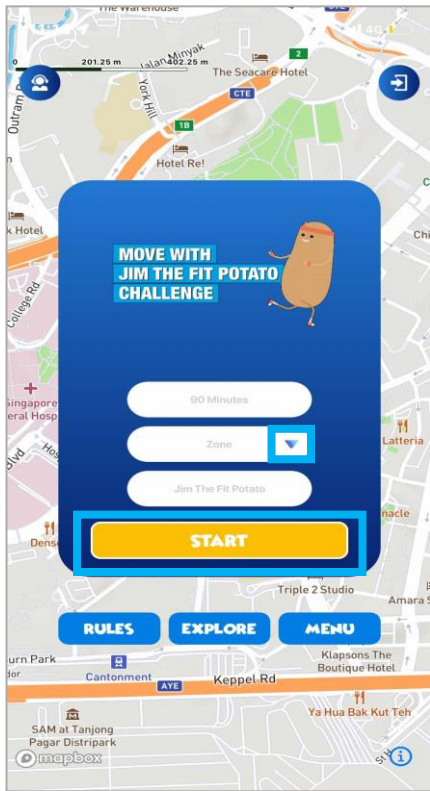
Note: Ensure that the “Location Services” on your mobile phone is turned on



To view the locations, tap on “Explore”. Select a trail by tapping on the “Zone” drop-down list.

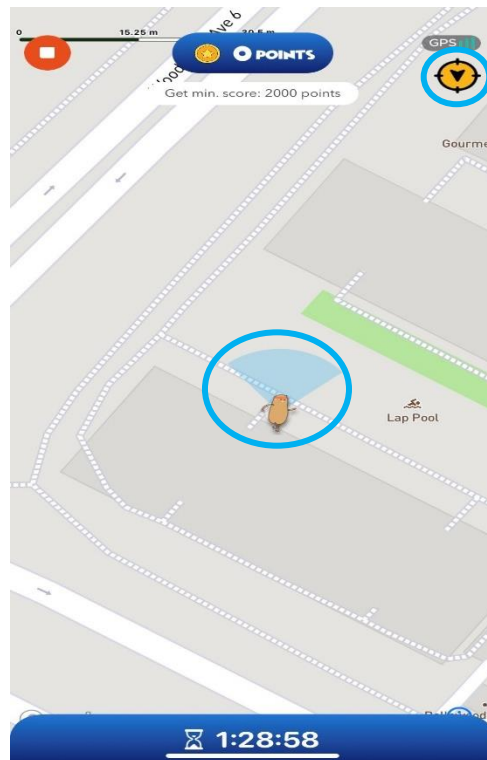
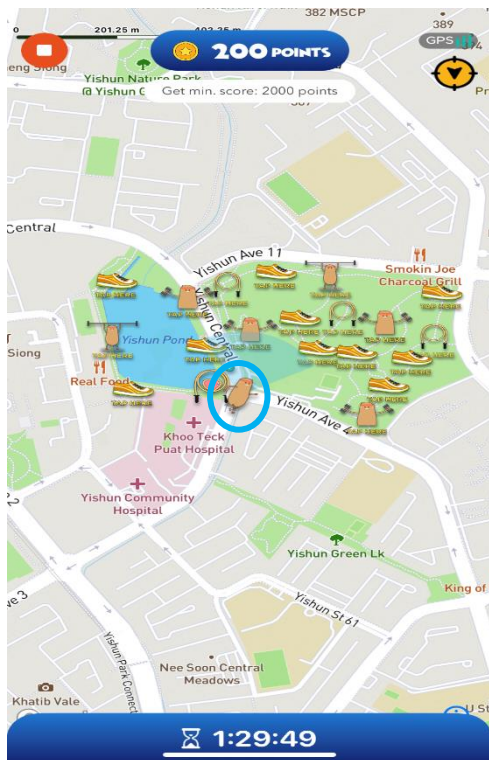


Step 2: Select a trail from the 7 different trails by tapping on the “Zone” drop-down list and select “START” to begin trail attempt.

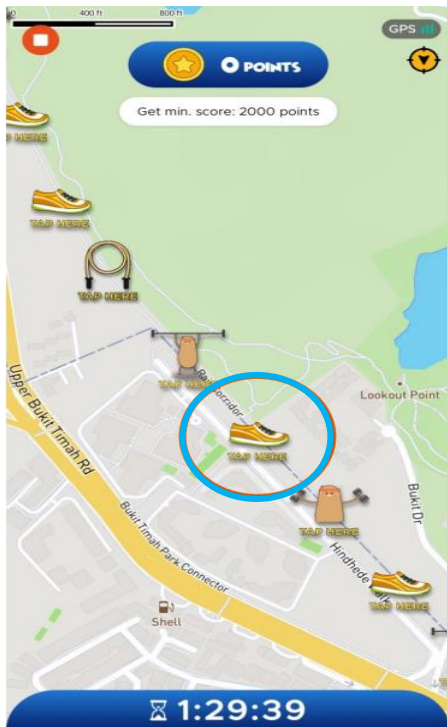


How do I start a trail attempt?

Step 1: Look out for checkpoints on the virtual map by navigating with “Jim the Fit Potato” avatar. Locate the avatar on the virtual map by tapping on the compass icon on the top right corner

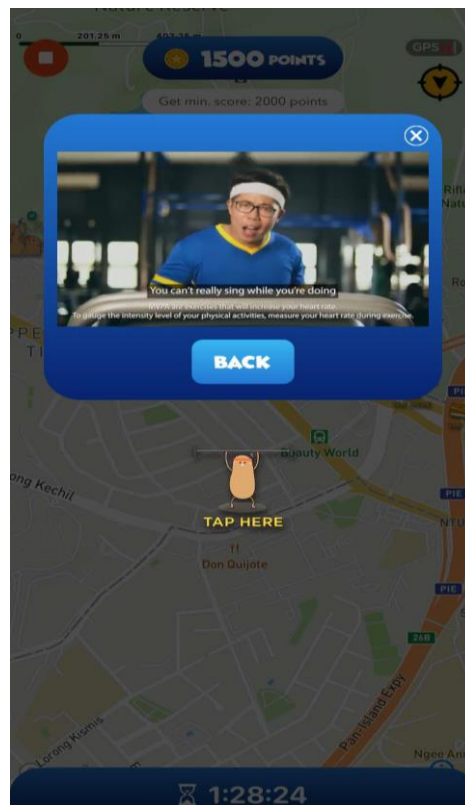
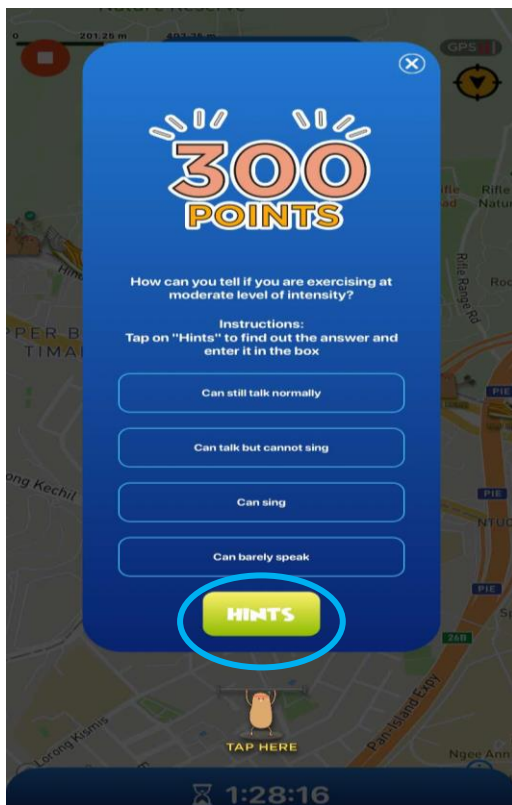


Step 2: Complete checkpoints by arriving within a 100m radius of the checkpoint, tap on the icon and tap on “Collect” to receive the points.



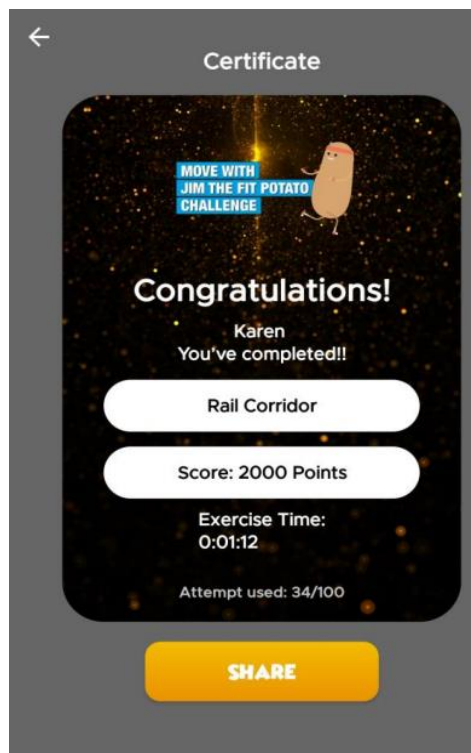
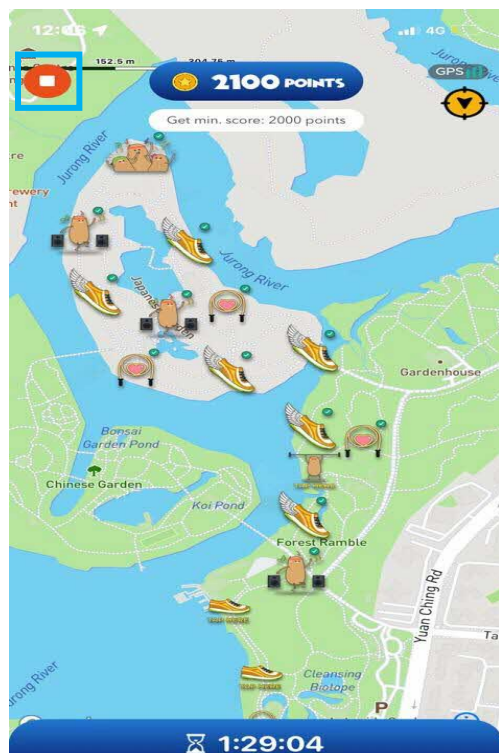
Step 3: Complete quiz checkpoints by answering the question

For questions with the “Hints” button, tap on it to watch a short video that will help you find the answer for the quiz

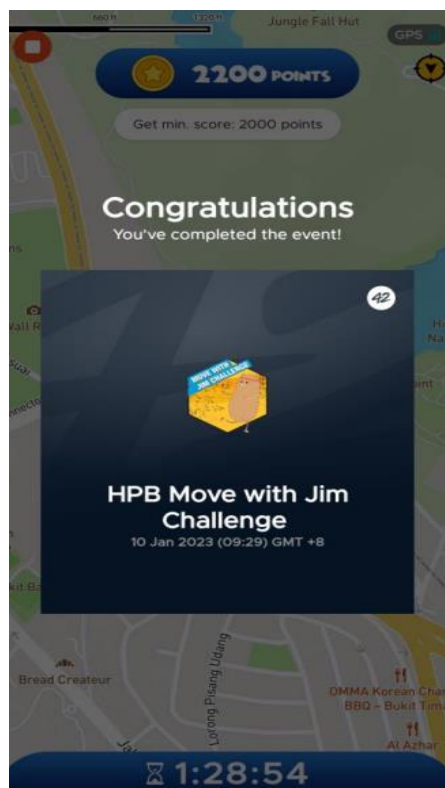


Step 4: End the trail attempt by clicking on the stop button on the top left corner

Note: To qualify as a successful trail attempt, a minimum of 2,000 points must be achieved within the stipulated trail time



Upon the first successful attempt of a trail during the challenge, you will earn a "Move with Jim the Fit Potato" e-badge

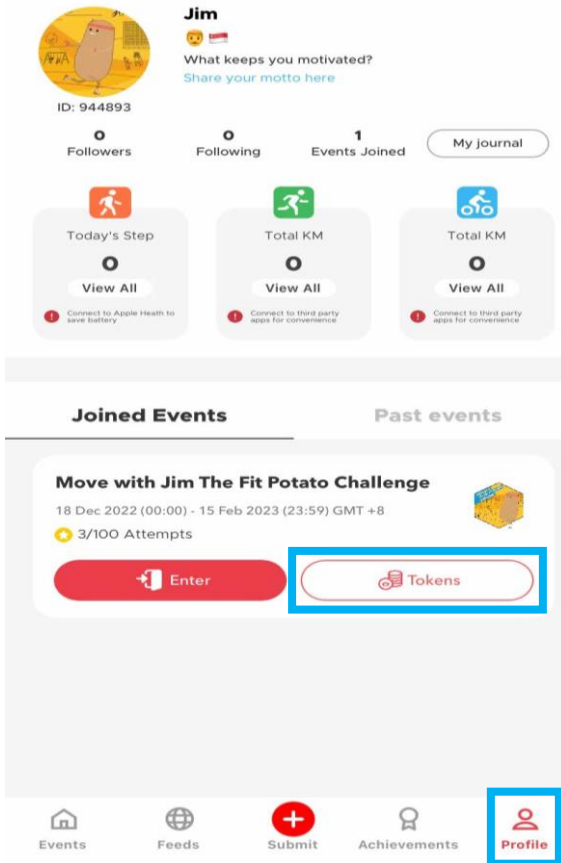


What is Jim's card collection on the 42Race app?

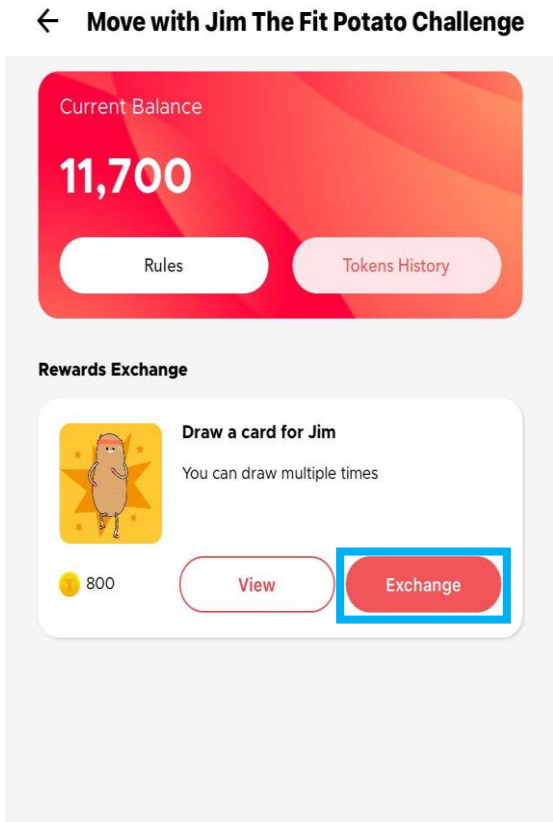
Jim's card collection is designed in the style of a comic strip, featuring scenes from Jim's journey in achieving daily fitness goals. Each card captures a moment in his journey to getting fit. Use these cards to inspire and motivate you on your own fitness journey!

How do I draw a Jim card?

Step 1: Tap on "Profile" under the Menu section. Under "Joined Events" look for "Move with Jim the Fit Potato Challenge" and tap "Tokens"



Step 2: Draw a card for Jim by tapping on "Exchange" under "Rewards Exchange"
**Each card exchange requires 800 tokens*



Step 3: View your collection gallery of exchanged Jim cards by tapping on “View Collection”



Step 4: Find out which card out of the 7 unique cards you have drawn and your progress towards completing the full collection. Collect all 7 cards to complete Jim’s card collection!

